LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

SDG-1
NO POVERTY



LUMHS Contribution to SGD-1 No Poverty

Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, contributes to Sustainable Development Goal 1 (No Poverty) by reducing the financial barriers that limit access to healthcare and higher education, while also promoting employability and socioeconomic empowerment. As a public-sector health sciences university, LUMHS recognizes that poverty is closely linked with inadequate access to healthcare, education, skills, and employment opportunities. Its initiatives therefore focus on supporting economically disadvantaged individuals and communities through integrated healthcare, education, financial assistance, and capacity-building interventions.

Free and Affordable Healthcare for Poor Communities

LUMHS contributes to poverty reduction by providing **free healthcare services through its hospitals providing tertiary care, and medical camps in underserved communities**. These services help reduce the financial burden of illness on low-income households, particularly where families may otherwise have to spend a significant proportion of their income on medical treatment. LUMHS also provides **free medical services and diagnostic testing, as well as subsidized diagnostic services**, helping economically vulnerable patients obtain essential healthcare without facing prohibitive costs.

The university's community outreach and medical relief activities further extend healthcare to populations affected by poverty and emergencies. For example, LUMHS has undertaken medical relief activities for flood-affected communities, providing medical checkups and essential treatment to affected populations.

Scholarships and Financial Assistance for Low-Income Students

A major contribution of LUMHS to SDG 1 is its system of **student financial assistance**. These scholarships, financial assistance and freeship schemes, helping students from financially disadvantaged backgrounds continue their education.

LUMHS facilitates several forms of financial support, including **Need-Cum-Merit/Zakat Scholarships, minority student scholarships, Professional Education Foundation scholarships, postgraduate scholarships and other financial assistance programmes**. These initiatives reduce the risk that students will discontinue their education because of financial hardship.

Free-ship and Support for Orphans and Disadvantaged Students

LUMHS also provides **full or partial tuition-fee freeship** for eligible students. The university's documented eligibility criteria include students who are **orphans or from single-parent families and students from poor families**, providing an important mechanism for preventing financial circumstances from becoming a barrier to higher education.

In addition, since **2023**, LUMHS has implemented a dedicated scholarship initiative for students from **SOS Children's Village**. Under this initiative, deserving students receive full freeships covering tuition and related academic expenses, together with guidance and mentorship. The programme is intended to provide orphaned and underprivileged children with access to higher education and opportunities for more secure and independent futures.

Support for Minority Students

LUMHS facilitates scholarships for **minority students** in collaboration with the Ministry of Religious Affairs and Interfaith Harmony. This provides financial support to students from economically disadvantaged minority communities and promotes equitable access to higher education. Recent LUMHS notices also demonstrate the university's facilitation of poverty-cum-merit financial support for minority students.

Scholarships through External Partnerships

LUMHS works with external organizations to mobilize additional resources for financially disadvantaged students. Its documented partnerships include **Pakistan Bait-ul-Mal**, which has provided financial assistance to needy students, and the **Professional Education Foundation**, which supports low-income and meritorious students, with particular encouragement for orphans and differently abled students.

These partnerships demonstrate that LUMHS addresses poverty not only through its own institutional resources but also by connecting students with government, philanthropic and development-oriented financial support.

Employability, Internships and Economic Empowerment

LUMHS contributes to the longer-term reduction of poverty by helping students and graduates develop **skills, professional experience and employability**. Through its internship programme, LUMHS/ORIC provides graduates with practical experience, professional skills, mentorship and exposure to workplace environments. The university's SDG-1 report notes that the programme has helped graduates secure meaningful employment opportunities, contributing to greater financial stability and socioeconomic development.

This approach is important because SDG 1 is not limited to immediate financial assistance; it also requires pathways through which individuals can achieve **economic independence and sustainable livelihoods**.

Education as a Pathway Out of Poverty

LUMHS recognizes **quality higher education as a long-term poverty-reduction strategy**. By enabling students from low-income families and marginalized groups to enter and complete professional education in medicine, dentistry, nursing, pharmacy, physiotherapy, biomedical sciences and other health-related disciplines, the university creates opportunities for social mobility and future employment.

Overall Impact

Through these initiatives, **LUMHS addresses poverty at both immediate and structural levels**:

Area	*LUMHS Contribution to SDG 1*
Healthcare	Free medical services, medical camps and affordable/subsidized diagnostic services
Education	Scholarships, free ships and financial assistance for disadvantaged students
Orphans & vulnerable groups	Dedicated support for orphans, SOS Children's Village students and differently abled students
Low-income families	Need-cum-merit and Zakat-based financial assistance
Minority communities	Facilitation of minority scholarships
Employment	Internships, professional skills and employability development
Partnerships	Collaboration with HEC, Pakistan Bait-ul-Mal, Professional Education Foundation and government bodies
Social mobility	Access to professional higher education as a pathway toward economic independence

In summary, LUMHS contributes to SDG 1 by making healthcare and higher education more accessible to economically disadvantaged populations, reducing the financial consequences of illness, supporting students at risk of educational exclusion, and improving graduates' employability. Through scholarships, free ships, free and subsidized healthcare, community outreach, partnerships and skills development, LUMHS seeks to transform access to education and healthcare into opportunities for greater economic security, social mobility and sustainable livelihoods.

Free medical services, medical camps and affordable/subsidized diagnostic services

LUMHS serves a large catchment of rural and low-income patients who would otherwise lack access to specialist care or face catastrophic out-of-pocket expenditure. By removing the financial barrier, the University directly advances universal health coverage and equitable access to quality care. The hospital also functions as a referral center for the province, relieving pressure on primary and secondary facilities. Because the services are integrated with teaching and training, they simultaneously build the healthcare workforce serving the region.


لمس ہیلتھ سروسز ہاسپٹل
RUCOBO


لمس هيلث سروس اسپتال جامشورو
OUTPATIENT DEPARTMENT (OPD) (او پی ڈی)
ایمبولیٹری کیئر
AMBULATORY CARE
کنسلٹنٹ کلینکس
CONSULTANT CLINICS
ایگزیکیوٹیو کلینکس
EXECUTIVE CLINICS

LIAQUAT UNIVERSITY
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OVERALL REPORT ON
SUSTAINABLE DEVELOPMENT GOAL NO.1

LIAQUAT UNIVERSITY
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OVERALL REPORT ON
SUSTAINABLE DEVELOPMENT GOAL NO.1






GYNAE / OBS
PEDIATRIC DEPARTMENT
MOTHER & CHILD CARE
عورتن جي، زچگي ۽ پارڙن جي بيمارين جو شعبو



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OVERALL REPORT ON
SUSTAINABLE DEVELOPMENT GOAL NO.1

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OVERALL REPORT ON
SUSTAINABLE DEVELOPMENT GOAL NO.1





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OVERALL REPORT ON
SUSTAINABLE DEVELOPMENT GOAL NO.1


SINDH INSTITUTE OF ENDOCRINOLOGY
& DIABETES LUMHS JAMSHORO


1
RECEPTION
استقباليه
صفائي جو خاص خيال رکو
اسپتال ۾ پان گهٽڪو
کائڻ سخت منع آهي








OTOLARYNGOLOGY - HEAD & NECK SURGERY
کان ناک حلق | کن نک گلو

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Diagnostic Research Laboratory: Accessible and Affordable Healthcare

The **Diagnostic Research Laboratory at Liaquat University of Medical & Health Sciences (LUMHS)** provides quality diagnostic and laboratory testing services to support accurate diagnosis and timely treatment.

As part of its commitment to **SDG 3: Good Health and Well-being**, LUMHS ensures that essential diagnostic services are accessible to underserved communities. Patients attending **free medical camps organized by LUMHS across Sindh** receive required laboratory investigations and diagnostic testing as part of the healthcare services provided at these camps.

LUMHS also follows an **affordable healthcare model** through its Diagnostic Research Laboratory. Diagnostic services are provided **free of cost to patients who cannot afford them**, while those who can pay are charged **very nominal and affordable fees**. This approach helps reduce financial barriers to essential healthcare and promotes equitable access to diagnostic services.

The laboratory therefore contributes to:

- **Accessible healthcare** for underserved and vulnerable populations.
- **Early diagnosis and timely treatment** through quality laboratory testing.
- **Financially inclusive healthcare** by providing free services to non-affording patients.
- **Community health promotion** through diagnostic support at LUMHS medical camps across Sindh.
- **Reduction of health inequalities** by ensuring that inability to pay does not prevent access to essential diagnostic services.

Through these services, LUMHS strengthens its contribution to **SDG 3**, particularly by promoting universal access to essential healthcare and supporting improved health outcomes among economically disadvantaged and underserved communities.


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LUMHS LAB
DIAGNOSTIC & RESEARCH LABORATORY
LUMHS Health Services Hospital Jamshoro
24 Hours Service
WARNING
CCTV


لیاقت یونیورسٹي آف میڈیکل اینڈ هیلتھ سائنسز
لمس لیب
ڈائگناسٹک اینڈ ریسرچ لیبارٹري
لمس هیلتھ سروسز اسپتال جامشورو
LIAQUAT UNIVERSITY OF MEDICAL & HEALTH SCIENCES
LUMHS LAB
DIAGNOSTIC & RESEARCH LABORATORY
LUMHS Health Services Hospital Jamshoro
24 Hours Service
24 HOURS
چوبیھ ڪلاڪ خدمت

Free Medical Camp and Mobile Medical Clinic in an Underserved Rural Community of Sindh

Institution: Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Activity: Free Medical Camp and Mobile Medical Clinic
Location: Rural and underserved area of Sindh
Participants: LUMHS Faculty Members, SDG Volunteers, Medical Professionals, and Student Volunteers

1. Introduction

Liaquat University of Medical & Health Sciences (LUMHS) organized a **Free Medical Camp and Mobile Medical Clinic** in an underserved rural community of Sindh to provide accessible healthcare services to people who face barriers in accessing regular medical facilities.

The initiative was organized through the active participation of **LUMHS faculty members, medical professionals, SDG volunteers, and student volunteers**. The activity reflected LUMHS's commitment to community engagement, social responsibility, health equity, and the Sustainable Development Goals.

The mobile medical clinic enabled the healthcare team to take essential medical services directly to the community, particularly individuals and families who may experience financial, geographic, or transportation-related barriers to healthcare.

2. Objectives

The major objectives of the medical camp and mobile clinic were to:

- Provide **free medical consultation and basic healthcare services** to underserved community members.
- Improve access to healthcare for people living in rural areas.
- Provide **free essential medicines** to patients identified by the medical team.
- Promote preventive healthcare and health awareness.
- Identify common health concerns requiring further medical attention.
- Encourage community members to seek timely healthcare services.
- Engage LUMHS faculty, students, and SDG volunteers in meaningful community service.
- Strengthen the university's contribution to health equity and sustainable community development.

3. Free Medical Services

The medical camp provided healthcare services without cost to community members. The mobile clinic approach allowed the LUMHS team to reach residents within their own community rather than requiring them to travel to distant healthcare facilities.

Services included:

- Medical consultation and clinical assessment
- Basic health screening
- Identification of common health conditions
- Health counselling and preventive health education
- Advice regarding appropriate follow-up and referral where required
- Provision of **free medicines** based on medical assessment and availability

The provision of medicines alongside consultation helped address immediate healthcare needs and reduced the financial burden on low-income families.

4. Participation of LUMHS Faculty and SDG Volunteers

The activity was supported by **LUMHS faculty members and healthcare professionals**, who contributed their clinical expertise and time to serve the community.

SDG volunteers and student volunteers also actively participated in organizing and facilitating the camp. Their responsibilities included assisting with registration, patient flow, community awareness, health education, coordination, and other logistical arrangements.

The participation of students and volunteers provided them with valuable opportunities to understand community health needs and apply their academic knowledge in a real-world setting.

5. Mobile Medical Clinic: Reaching Underserved Communities

The mobile medical clinic component was particularly important for rural communities where healthcare facilities may be limited or geographically distant.

By taking healthcare services directly to underserved populations, the initiative helped address barriers related to:

- Geographic distance from healthcare facilities
- Transportation difficulties
- Financial constraints
- Limited access to medical consultation
- Lack of awareness regarding preventive healthcare

The mobile model supports a more community-oriented approach to healthcare delivery and allows health professionals to engage directly with populations that may otherwise have limited access to services.

6. Community Health Awareness

In addition to clinical services, the camp provided an opportunity for health education and awareness. Community members were encouraged to adopt preventive health practices and seek professional medical advice when experiencing health problems.

Health education is an important component of sustainable community health because it can strengthen individuals' ability to make informed decisions about their health and encourage timely utilization of healthcare services.



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OVERALL REPORT ON
SUSTAINABLE DEVELOPMENT GOAL NO.1


فري جنرل ميڈيکل ڪيمپ


مهمان خاص: ڈاڪٽر سيد امداد علي شاهه
تعاون ڪندڙ: نالي وارو ليڪ محمد خان ابڙو صاحب
22984406 امام علي ڈيٽو 03003274221 منظور حسين جمالي رابطي لاءِ
تاريخ: 23 نومبر 2025 وقت: صبح 9 بجي کان شام 4 بجي تائين

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Community Outreach Mobile Clinic in Dadu (under resourced area of province)

Free Consultations and Medicines for Underprivileged Communities

Background

Access to basic healthcare remains limited for many underprivileged communities, particularly in remote and rural areas. In line with its commitment to community service and public health, Liaquat University of Medical and Health Sciences (LUMHS) organized a community outreach programme in Dadu through a mobile clinic.

Objectives

- To provide free medical consultations to underprivileged communities
- To distribute free medicines to patients in need
- To improve health awareness and wellbeing at the community level
- To strengthen LUMHS's engagement with the communities it serves

Activity

LUMHS deployed a mobile clinic in Dadu, offering free medical consultations and free medicines to community members. [Add the number of patients treated, medical specialties and departments involved, names of doctors and team members, types of medicines distributed, and any partner organizations or donors.]

Outcomes

- Underprivileged community members received healthcare services at no cost
- Access to medical care was extended to an underserved area
- Health awareness and community trust in LUMHS were strengthened

Conclusion

The mobile clinic reflects LUMHS's commitment to equitable healthcare and community engagement.


"جنرل مفت ميڈيڪل ڪئمپ"
SFO
JAVID KHAN


MOBILE CLINIC
PPHI
SINDH



Event Report

Event: Medical Health Checkup Camp at IRM Smart School
Date: 27th November 2025
Venue: IRM Smart School
Organized by: Liaquat University of Medical & Health Sciences (LUMHS)

Overview

LUMHS organized a medical health checkup camp for school children at IRM Smart School on 27th November 2025 Clinical faculty of LUMHS and SDG volunteers provided health services to students, including oral hygiene checkups and general health examinations.

Contribution to SDG 3: Good Health and Well-being

LUMHS contributes to SDG 3 by taking preventive healthcare directly to children in their school setting. School-based screening allows common health problems, including dental and general health concerns, to be identified early, before they affect children's growth, learning, and well-being. The camp supports **Target 3.8**, which promotes access to quality essential health services, and contributes to the wider goal of healthy lives for children and young people.

The camp also promoted oral hygiene awareness among students, encouraging healthy habits from an early age. The involvement of clinical faculty ensured professional, quality care, while the participation of SDG volunteers reflects the University's approach of engaging its community in service and sustainable development.

Free Eye Camp at Manchar Lake

Free Eye Checkup and Medicines for the Community

Background

Eye diseases and visual impairment are common in underserved communities, where access to eye specialists and affordable treatment is limited. In line with its commitment to community service and public health, Liaquat University of Medical and Health Sciences (LUMHS) organised a free eye camp at Manchar.

Objectives

- To provide free eye examinations to community members
- To distribute free medicines to patients in need
- To promote early detection of eye disease and awareness of eye health
- To strengthen LUMHS's engagement with the communities it serves

Activity

LUMHS conducted a free eye camp at Manchar a rural costal area, offering free eye checkups and free medicines to patients. More than 300 patients were examined, the department of Ophthalmology including team of senior specialists and SDG volunteers provided services such as vision screening, spectacles or referral for surgery, free medicines were distributed to the patients.

4. Outcomes

- Community members received eye examinations and medicines at no cost
- Access to eye care was extended to an underserved area
- Patients requiring further treatment were identified for referral [confirm if applicable]
- Awareness of eye health and community trust in LUMHS were strengthened







Free Medical Camp for Women and Child Health

Rural and Underprivileged Area of Sindh

Background

Women and children in rural and underprivileged areas of Sindh face limited access to maternal and child healthcare, often due to distance, cost and a shortage of trained providers. In line with its commitment to community service and public health, Liaquat University of Medical and Health Sciences (LUMHS) organized a free medical camp focused on women and child health.

Objectives

- To provide free medical consultations to women and children
- To promote maternal health, child health and preventive care
- To raise health awareness among rural families
- To strengthen LUMHS's engagement with the communities it serves

Activity

LUMHS conducted a free medical camp for women and child health in a rural, underprivileged area of Sindh. [more tha 500 women and children were examined, the department of Gynecology and Obstetrics and Pediatrics), provided services such as antenatal checkups, nutrition assessment, immunization advice, free medicines and health education,

Outcomes

- Women and children received healthcare services at no cost
- Access to maternal and child health care was extended to an underserved area
- Patients requiring further treatment were identified for referral [confirm if applicable]
- Health awareness and community trust in LUMHS were strengthened





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OVERALL REPORT ON

SUSTAINABLE DEVELOPMENT GOAL NO.1

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Education as a Pathway Out of Poverty

Establishment of the LUMHS Public School for Underprivileged Children

Location: Main Campus, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Established by: LUMHS
Run by: Teaching faculty, together with student volunteers (SDG Volunteers)

Overview

The LUMHS Public School was set up on the University's main campus to give children from underprivileged families a free, quality education. The idea grew out of a student-led effort: when the Vice Chancellor learned that LUMHS students were teaching a group of street children, he met them and was inspired by their vision of empowering these children through education. He then backed the creation of a purpose-built school building within the campus.

Background

Sindh has the lowest literacy rate of all Pakistan's provinces, and LUMHS is located in a rural, underserved part of it. Recognising this need, students, teaching faculty, and administration worked together to launch the school and expand access to education in the surrounding community.

About the Program

The school aims to help underprivileged children break the cycle of poverty and grow into productive members of society. It educates hundreds of children free of charge, including children of the University's domestic staff and the local community, and provides free books and study packs at the start of every academic year.

Students (SDG Volunteers), faculty, and administration share responsibility for the school. Students encourage street children and families from disadvantaged backgrounds to enrol, and different student groups teach classes through the week.

Facilities and Services

- Purpose-built school building
- Well-equipped classrooms
- Library and resource centre
- Playground and sports facilities
- Free study packs
- Health services, including medical check-ups and vaccinations
- Extracurricular activities

Faculty and Staff

Qualified teachers and trained administrative and support staff run the school, assisted by student volunteer teachers.

Outcomes

- Better academic performance
- Higher school enrolment among local children
- Empowered children and families

Contribution to Sustainable Development

The school reflects LUMHS's commitment to inclusive, equitable, quality education and to serving the community around it. It also shows how the University brings students, faculty, and administration together in the service of sustainable development.







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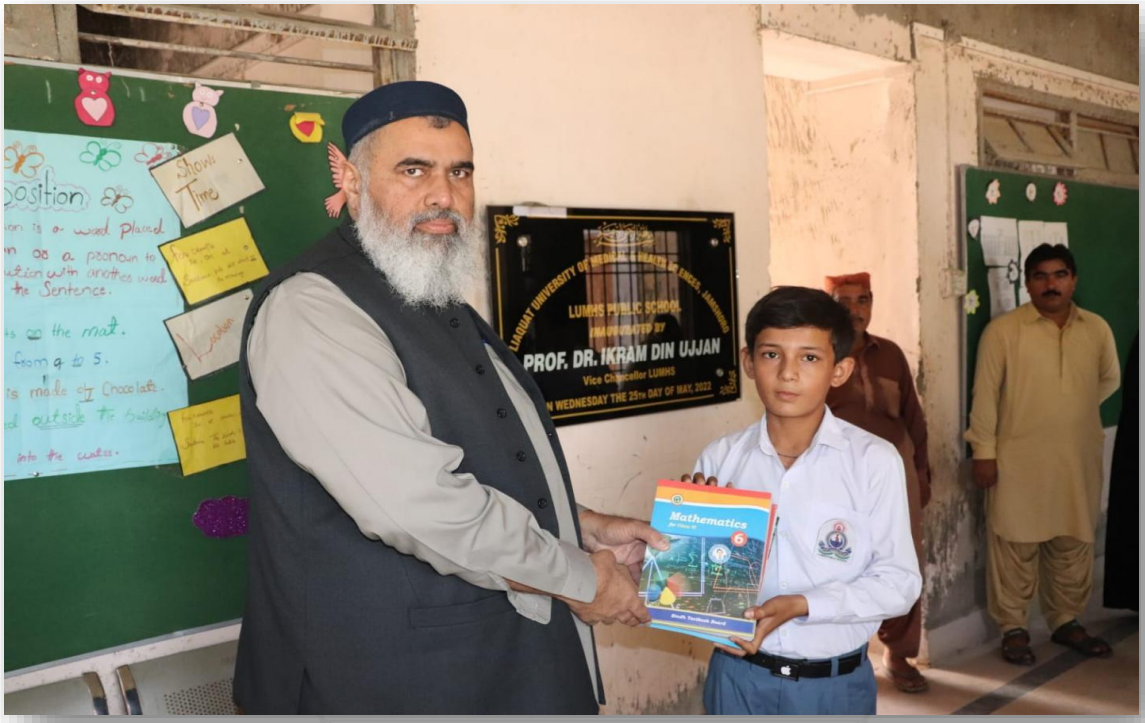
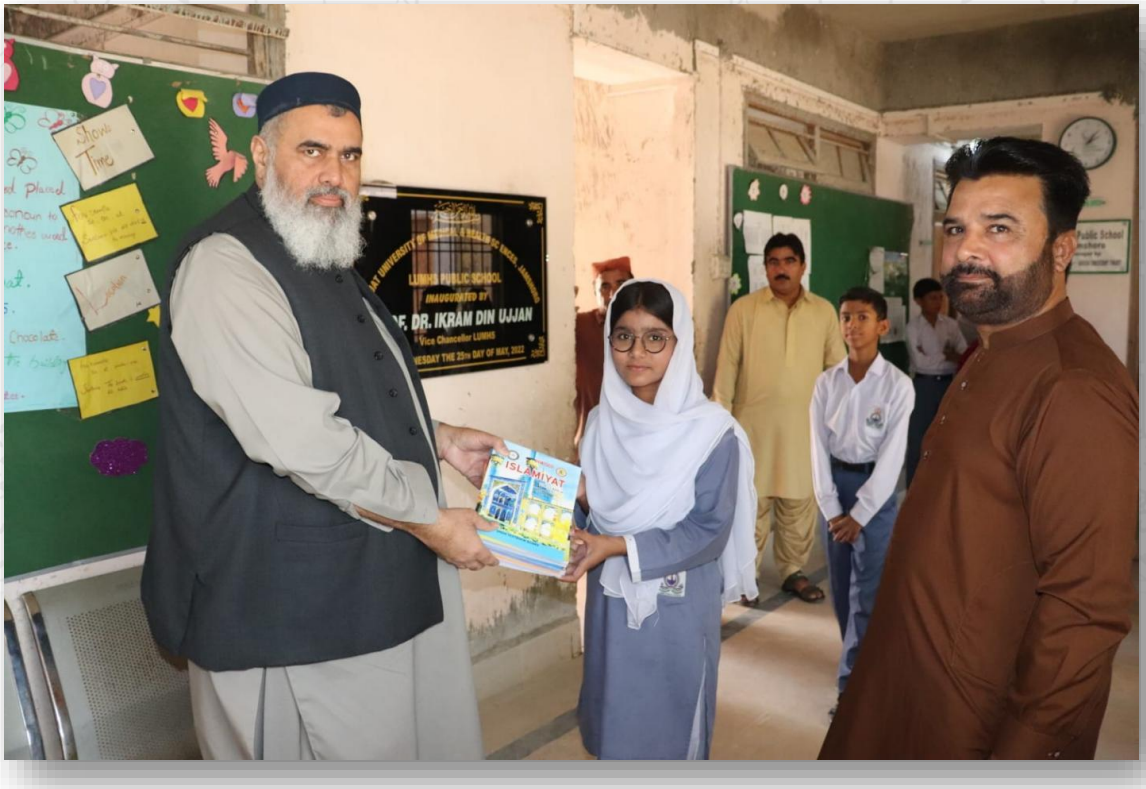
Free books distribution to LUMHS Public school






LUMHS PUBLIC SCHOOL
PROF. DR. IKRAM DIN UJJAN
Mathematics


LUMHS PUBLIC SCHOOL
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Scholarships and Financial Assistance for Low-Income Students

LUMHS Financial Assistance to Students from Economically Disadvantaged Families

Liaquat University of Medical & Health Sciences (LUMHS) demonstrates its commitment to Sustainable Development Goal 4 (SDG 4): Quality Education by providing financial assistance to students from economically disadvantaged families. This support aims to reduce financial barriers to higher education and ensure that deserving students have equitable opportunities to pursue their academic goals, regardless of their socioeconomic background.

Through its financial assistance and student support mechanisms, LUMHS helps eligible students manage educational expenses and continue their studies with greater financial security. This institutional commitment promotes inclusive education, equal opportunities, and social mobility by supporting talented students who may otherwise face difficulties accessing or completing higher education due to financial constraints.

LUMHS's financial support initiatives reflect its dedication to ensuring that economic hardship does not become an obstacle to academic achievement. By investing in students' educational futures, the University contributes to SDG Target 4.3, which promotes equal access to affordable and quality tertiary education, and SDG Target 4.5, which calls for eliminating disparities in education and ensuring equal access for vulnerable groups.

Liaquat University of Medical & Health Sciences (LUMHS) supports students from economically disadvantaged backgrounds through financial assistance and scholarship opportunities designed to promote equitable access to higher education and prevent financial hardship from interrupting academic progress. LUMHS has approved scholarship policy some highlights are given as under:

Key Highlights of the Scholarship Policy

- Financial Support for Deserving Students: Assistance for eligible students from low-income families who face difficulties meeting educational expenses.
- Equal Educational Opportunities: Promoting access to higher education regardless of students' socioeconomic backgrounds.
- Merit and Need-Based Consideration: Supporting eligible students in accordance with the applicable scholarship scheme's criteria.
- Prevention of Financial Barriers: Helping students continue their studies despite financial constraints.
- Transparent Selection Procedures: Assessment of applications according to established eligibility criteria and available funding.
- Inclusive Education: Promoting equitable opportunities for students from disadvantaged backgrounds.

- Educational Continuity: Supporting students in completing their academic programmes and achieving their educational goals.
- Monitoring and Accountability: Maintaining records of scholarship recipients and financial assistance for institutional reporting and quality assurance.

- Non-Discrimination and Equal Opportunity: Scholarships and financial assistance shall be awarded without discrimination on the basis of religion, ethnicity, gender, disability, or any other irrelevant personal or social characteristic, in accordance with the applicable eligibility criteria and university policy.

- Reserved Seats for Students with Disabilities: Dedicated seats shall be reserved for students with disabilities in accordance with the applicable university policy. These seats shall be allocated separately and shall not reduce or adversely affect the entitlement or opportunities of other eligible students.







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SUSTAINABLE DEVELOPMENT GOAL NO.1